

April 2, 2009

Dear Friends of STTAR Center,

Thank you for your interest in supporting STTAR Center by hosting a Denim Day event at your business. The purpose of Denim Day is two-fold: first and foremost, to increase awareness of the services STTAR Center provides to trauma victims, and second, to raise funds to support our crisis and counseling services for sexual assault victims.

35 years ago, our agency started as the Howard County Rape Crisis Center when a group of dedicated core volunteers began providing crisis intervention and advocacy services to rape victims. As the needs of the county and surrounding communities have changed, STTAR Center has changed in response.

STTAR Center now employs 10 licensed clinicians with extensive experience in trauma therapy, an Outreach and Education Coordinator, and support staff. We provide a 24-hour crisis hotline and 24-hour on-call staff to accompany sexual assault victims to the hospital and support them through forensic examinations. STTAR Center is represented on several multi-disciplinary teams that focus on strengthening the response and support services available to trauma victims. In recent years, we've expanded our services to include treating individuals who have experienced other traumatic events such as: child abuse, traumatic death of a loved one, violent crime, military trauma, or a serious accident. Individuals experiencing chronic trauma symptoms are unlikely to recover without professional help. Because of your support, STTAR Center continues to provide that help.

Hosting a Denim Day requires very little of your time. Simply click on the link, [How to Host a Denim Day](#) and inside, you'll find everything you need to make your Denim Day a great success! Thank you for supporting STTAR Center in our efforts to raise awareness of the effects of trauma and the hope brought by professional treatment. And don't forget to send us your pictures!

Sincerely,

L. Jeannie Dillingham
Executive Director